



U.S. *Ph*YSICAL THERAPY, INC.

CONTACT:

U.S. Physical Therapy, Inc.
Larry McAfee, Chief Financial Officer
Chris Reading, Chief Executive Officer
(713) 297-7000
Three Part Advisors
Joe Noyons
(817) 778-8424

**U.S. PHYSICAL THERAPY, INC. SCHEDULES
FOURTH QUARTER AND YEAR END 2018
RELEASE AND CONFERENCE CALL FOR
THURSDAY, MARCH 7, 2019**

Houston, TX – January 30, 2019 - U.S. Physical Therapy, Inc. (NYSE: USPH), a national operator of outpatient physical therapy clinics, announced that it will issue its financial results for the fourth quarter and year ended December 31, 2018 on Thursday, March 7, 2019. The results will be released before the opening of the stock market that day.

U.S. Physical Therapy’s management will host a conference call on Thursday, March 7th to discuss the fourth quarter and year ended December 31, 2018 results.

Conference Call	Date: Thursday, March 7, 2019
	Time: 10:30 am Eastern /9:30 am Central
	Dial-In Number: 1-888-335-5539 or 973-582-2857
	Reservation Number: 1948767

To participate, please call in 10 minutes prior to start time.

To listen to the live call, please go to www.usph.com and click on conference calls under the Investor Relations section. Please go to the website 15 minutes early to register, download and install any necessary audio software. If you are unable to listen live, a playback of the conference call can be accessed until June 7, 2019 at U.S. Physical Therapy’s website.

Founded in 1990, U.S. Physical Therapy, Inc. operates 591 outpatient physical therapy clinics in 42 states. The Company's clinics provide preventative and post-operative care for a variety of orthopedic-related disorders and sports-related injuries, treatment for neurologically-related injuries and rehabilitation of injured workers. In addition to owning and operating clinics, the Company manages 28 physical therapy facilities for unaffiliated third parties, including hospitals and physician groups. The Company also has an industrial injury prevention business which provides onsite services for clients' employees including injury prevention, rehabilitation, ergonomic assessments and performance optimization.

More information about U.S. Physical Therapy, Inc. is available at www.usph.com. The information included on that website is not incorporated into this press release.

####